

# CARL TOUCHSTONE MS 50 TRAIL RUN

## 50 Mile, 50 K, and 20 K Endurance Runs March 6, 2004 Laurel, Mississippi

LONG LEAF HORSE TRAIL - DESOTO NATIONAL FOREST

On Highway 15 South-13 miles south of Laurel MS.

Primitive camping at start / finish.

Maps and lodging information available at [www.ms50.com](http://www.ms50.com)

Spaghetti dinner - Friday at 6:30pm. Free for entrants. \$8.00 for others (pay at door).

6:00 AM START: 50K and 50 M (12 HOUR LIMIT)

8:00 AM START: 20 K

Soft dirt trails and fire roads, no hard surfaces.

Beautiful 12.5 mile loop and 6.1 mile loop.

Well-supplied aid stations every 2-4 miles with easy crew access.

\$55 FEE BEFORE FEB.15, 2004 OR \$65 THEREAFTER

NO REFUNDS.

Checks payable to Carl Touchstone Mississippi Trail 50.

Mail entry form along with check to: 9 Saint Andrews, Hattiesburg, MS 39401

OVERALL TROPHIES • SHIRTS AND FINISHER MOMENTOS

For more information contact: *Steve DeReamer at 601-649-3680*

*email: info@ms50.com website: www.ms50.com*

### SPONSORED BY:

SOUTH CENTRAL REGIONAL MEDICAL CENTER

TOUCHSTONE DENTAL CARE, PA

LAUREL ROTARY CLUB

*A physical is not required to qualify to run in this event, but it is assumed that you are fully trained and in good health to participate. All competitors participate at their own risk. If in doubt as to your physical condition to engage in an event as strenuous and taxing as this 20K, 50K, or 50 mile run, it is strongly recommended that you seek the advice and approval of a licensed physician. The race directors reserve the right to stop any participant who in their opinion is not fit to continue. Runners must be 18 years old or older.*

In consideration of the acceptance of my entry, I, for myself, my executors, heirs, administrator, and assigns, do hereby release and discharge any and all sponsors from all claims, damages, demands, causes of action whatsoever in any manner arising out of my participating in said athletic event. I am physically fit and sufficiently trained to participate in this event and assume all risks of such participation.

SIGNATURE \_\_\_\_\_

NAME (PRINT CLEARLY) \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL (PRINT CLEARLY) \_\_\_\_\_

DATE OF BIRTH \_\_\_ / \_\_\_ / \_\_\_ AGE ON RACE DAY \_\_\_\_\_ SEX: M F SHIRT SIZE: S M L XL XXL

EVENT: 20K 50K 50 MILE LAST TIME: 20K \_\_\_\_\_ 50K \_\_\_\_\_ 50 MILE \_\_\_\_\_

RACE ENTRY FEE: \$55.00 BEFORE FEBRUARY 15, 2004 • \$65.00 AFTER FEBRUARY 15, 2004 • NO REFUNDS

MAKE CHECK PAYABLE TO:

CARL TOUCHSTONE MISSISSIPPI TRAIL 50

MAIL REGISTRATION FORM AND CHECK TO: 9 SAINT ANDREWS, HATTIESBURG, MS 39401